A Little History Lesson

In George Washington's day, there were no cameras. One's image was either sculpted or painted. Some paintings of George Washington showed him standing behind a desk with one arm behind his back while others showed both arms and both legs. Prices charged by painters were not based on how many people were to be in the picture, but by how many limbs were to be painted. Arms and legs are "limbs", therefore painting them would cost the buyer more. Hence the expression, "Okay, but it'll cost you and arm and a leg".

As incredible as it seems, men and women took baths only twice a year (May and October)! Women kept their hair covered, while men shaved their heads (because of lice and bugs) and wore wigs. Wealthy men could afford good wigs made from wool. They couldn't wash their wigs, so to clean them they would carve out a loaf of bread, put the wig in the shell, and bake it for 30 minutes. The heat would make the wig big and fluffy, hence the term "big wig". Today we often use the term "Here comes the Big Wig" because someone appears to be or is powerful and wealthy.

In the late 1700's, many houses consisted of a large room with only one chair. Commonly, a long wide board folded down from the wall and was used for dinning. The "head of the "household" always sat in the chair while everyone else ate sitting on the floor. Occasionally a guest, who was usually a man, would be invited to sit in this chair during a meal. To sit in the chair meant you were important and in charge. They called the one sitting in the chair the "chair man". Today in business, we use the expression or title "chairman" or chairman of the board".